

A NOTE REGARDING COVID-19

Dear Guest,

As we slowly and safely reopen our doors, we're adding some extra precautions and requirements to ensure everyone's health and safety as best we can. Thanks for your patience while we all adapt!

If you have any flu-like symptoms or symptoms associated with Covid-19 please let us know so we can reschedule your appointment. Symptoms may include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, and nausea or vomiting. Until further notice we are suspending cancellation fees. Even if you wake up feeling ill on the day of your visit you will not be charged for canceling. If you know you have come in close contact with Covid-19 please wait at least 14 days before making an appointment.

If you are part of one of the high risk groups outlined on the CDC website please be aware that massage and bodywork are contraindicated. Though we will do our absolute best to minimize risk, Covid-19 is very contagious and social distancing during a treatment is impossible. Ultimately it is up to you to decide when you are comfortable coming in, we just ask that you make an informed decision before doing so.

We ask that you wear a mask and sanitize your hands immediately upon entering the building. Please be prepared to wear a mask throughout your appointment (your practitioner will work with you to make sure you are comfortable!). Upon your arrival, you will be met by your practitioner and escorted to our screening area for a quick temperature check. You will be asked to complete a brief screening and read and sign a short liability waiver regarding Covid-19 related risks before your initial session begins.

(Note: Facial treatments and couples treatments are currently unavailable. Per Maine's reopening guidelines, clients will be required to wear a face covering for the duration of any appointment. Any service requiring the removal of a face covering is unable to be performed at this time. Aesthetic services will be limited to: eyebrow waxing, body waxing, and body treatments.)

Please know that we'll be closely following all state and CDC guidelines to make our space as safe as possible. We will be wearing masks, allowing extra time between appointments for thorough sanitation, and closing common areas to minimize contact.

If you have any questions or would like help scheduling an appointment do not hesitate to contact us! We look forward to seeing you soon.

Warmly,

The Breakwater Spa Therapists and Staff